

Recognizing Suicidal Ideations Amongst Our County's Seniors and How We Can Help



**Seniors, Senior Caregivers, Senior families,
and Medical Office Staff**

Bring your lunch and Livingston County Catholic Charities will provide beverage, dessert and some valuable information.

- Suicide amongst seniors has increased by more than 30% according to the Center for Disease Control (CDC).
- Suicide is more prevalent amongst men.
- Seniors 85 and over are at the highest risk of suicide.
- These numbers are often underreported due to "silent" suicides.



LIVINGSTON COUNTY
**CATHOLIC
CHARITIES**
HELPING LIVES GROW

Join Us

**June 26, 2019
Noon to 1:00 pm**

at
**Livingston County
Catholic Charities
2020 E. Grand River Ave.
Suite 104
Howell, MI 48843**

FREE REGISTRATION

**Please RSVP to Beth
at 517-545-5944**

or

**[https://lccc-june-lunch-
and-learn.eventbrite.com](https://lccc-june-lunch-and-learn.eventbrite.com)**