



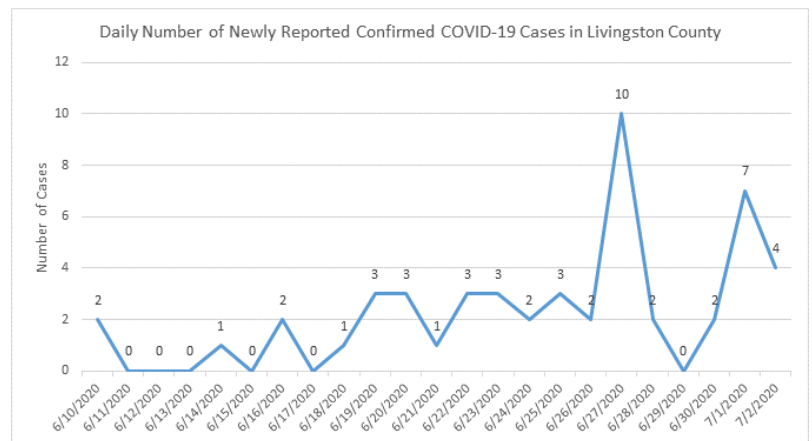
LIVINGSTON COUNTY Health Department

FOR IMMEDIATE RELEASE

Kill Date: July 6, 2020

Livingston County Highlights Steps to Prevent COVID-19 this Holiday Weekend

HOWELL, Michigan. – (July 2, 2020) The Livingston County Health Department (LCHD) reminds residents that COVID-19 is still spreading in the community. With restrictions lifted, more residents are leaving their homes, increasing their risk of exposure to COVID-19 as they encounter more people. Cases continue to increase across the state as well as across the nation. Since June 15th, LCHD has seen an increase of 51 cases in just 18 days (see chart). In the past two weeks, LCHD has also seen a significant increase of COVID-19 cases in younger people. This shows that everyone, young and old, can be affected. Now is not the time to let your guard down against COVID-19.



All residents are encouraged to take safe steps to protect yourself and your family from COVID-19 while celebrating this Fourth of July weekend. Choose activities that limit your exposure to others. If you plan to travel or host or attend an event, follow the steps below to reduce your risk.

If you are planning to attend an event:

- Stay home if you are sick or were exposed to COVID-19 in the last 14 days.
- Practice social distancing and avoid events with large crowds. Only attend activities that allow you to remain 6 feet away from others.
- Wear a cloth face covering, even while social distancing.
- Wash your hands or use hand sanitizer often.

-more-

If you are planning to host an event:

- Remind guests to stay home if they are sick or were exposed to COVID-19 in the last 14 days.
- Follow social distancing and limit the number of guests. Keep a distance of 6 feet from others and host outdoors if possible or in a well-ventilated space (indoors with open windows). Plan games and activities that allow for distancing. Have family members or close contacts sit at the same table and place tables apart from each other.
- Wear a cloth face covering even while social distancing and encourage guests to do the same.
- Provide hand sanitizer, soap and water, and single use hand towels to guests.
- If you serve food, limit the amount of people touching food items and serving utensils.
- Clean and disinfect commonly touched surfaces and any shared items between use.

If you are planning to travel:

- Monitor your health during your trip and for 14 days after you return.
- Practice social distancing. Only attend activities that allow you to remain 6 feet away from others.
- Wear a cloth face covering, even while social distancing.
- Wash your hands or use hand sanitizer often.
- Choose contactless options for payments, check-in's, meal pick-up or delivery, etc.
- Be aware of the state and local travel restrictions of your destination.
- Be aware of COVID-19 cases at your destination. If there is increased disease where you are going, consider rescheduling your visit.
- For more detailed information about travel, visit <https://bit.ly/38j47QC>.

To learn about more steps that you can take to protect yourself and your family during personal and social activities, visit <https://bit.ly/38q4dFZ>. For more information about COVID-19, including current case counts, visit the LCHD website at www.lchd.org or the MDHHS COVID-19 page at www.michigan.gov/coronavirus.

CONTACT:

Lindsay Gestro, Emergency Preparedness Coordinator
Livingston County Health Department
(517) 546-9850
lgestro@livgov.com
www.lchd.org
<https://www.facebook.com/myLCHD>

#