

FOR IMMEDIATE RELEASE

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International Overdose Awareness Day and Recovery Month

A Focus on Safety, Knowledge and Prevention

The Substance Use Disorder Treatment and Prevention Workgroup of the Human Service Collaborative Body is a partnership of local substance use agencies who work together to create a continuum of services and supports for people experiencing addiction through recovery. We strive to help educate the community on important and timely topics like Overdose Awareness Day on August 31st and September being Recovery Month!

According to the [Michigan Opioid Task Force Report](#), **Livingston County is one of the top ten counties in Michigan with the highest fatal opioid overdose rates (2019).**

Locally, the Livingston County Sheriff's Office reported that in 2020, there were 31 overdose deaths. In 2021 there were 41 suspected overdoses. Of those, 13 are suspected to be heroin related.

What can you do about this? Learn a little more each year. Recognize that our children and grandchildren are faced with this epidemic and need information in order to resist this influence. And if you are already supporting a loved one with this disease, that there are places to go get them and you support.

Overdose Awareness Day events on August 31st:

- **Brighton Mill Pond from 6-9 PM** - To learn more - <https://www.amberreineckhouse.org/#/>
- **Centennial Park in Fowlerville from 5:30 – 8:30 PM** – To learn more - <https://www.mitchellshope.com/>

Did you know? You can keep your children and family safe by taking back old prescriptions to the Big Red Barrels. In Livingston County, the Big Red Barrels are located at every police station throughout the county. <https://drugfreelivingston.com/the-big-red-barrel/>.

Recovery Month Events

Recovery takes support and these groups create support in fun activities!

- September 5th from 11 am – 9 pm – BBQ/Alkathon at the Alano Club
- September 18th at 9 am – Scramble for Recovery at Ironwood Golf Course. To learn more - www.facebook.com/AlanoClubLivingstonCounty
- September 10th at 6 pm at the Brighton Church of the Nazarene a Celebrate Recovery / Story Tour. To learn more -

<https://drive.google.com/file/d/12vqbeh4IzbDgK6sxXOEtitSQm1XbWXPL/view?usp=sharing>

- September 18th a Virtual Walk for Recovery. To learn more - <https://drugfreelivingston.com/>
- September 18th from 3 – 5 PM at Stepping Stones Engagement Center Sandwiches and Fun! To learn more – call 517-376-6262
- September 29th at 6 PM at the Historic Howell Theater, a viewing of Anonymous People and how 23.5 million Americans live in long-term recovery. To learn more - <https://www.recoveringallies.org/>
- September 8th at 6 PM - Community Training - Lethal Means Safety Virtual Training – RSVP required: <https://www.surveymonkey.com/r/Lethal-Means-Safety>

To obtain more information, go to our SUD Workgroup Facebook page:

<https://www.facebook.com/LCSUDPxandTx> or contact Amy Johnston at 810.772.4827 or at ajohnston@cmhliv.org.

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