



Howell Recreation
Oceola Community Center
1661 N. Latson Rd.
Howell, MI 48843

For Immediate Release

parksandrec@howellrecreation.org

517-546-0693

July is National Parks and Rec Month

This July, celebrate 'Where You Belong' with Howell Recreation during our month-long celebration highlighting the impact of parks and recreation.

Howell, MI - July 1, 2024

This July, join Howell Recreation for Parks and Recreation Month, as we celebrate how Howell is stronger, more vibrant and more resilient because of parks and recreation.

This special designation was made possible in conjunction with the National Park and Recreation Association (NRPA) and through the enthusiastic support and formal proclamation by Representative Bob Bezotte and Representative Jennifer Conlin. Their proclamation recognizes the vital role parks and recreation play in the well-being and quality of life of our community by promoting physical health, mental well-being, and social connectivity among residents.

Proclamation Highlights:

- **Health and Wellness:** Emphasizing the numerous physical and mental health benefits that parks and recreation provide, contributing to a healthier, happier community.
- **Community Engagement:** Recognizing the role of parks and recreation in fostering community spirit and bringing people together through shared activities and experiences.
- **Economic Impact:** Acknowledging the economic benefits that parks and recreational facilities bring to the region, including increased property values and tourism revenue.

"We are thrilled to have the support of Representative Bezotte and Representative Conlin in recognizing the importance of parks and recreation in our community," said Tim Church, Director of Howell Area Parks & Recreation Authority. "Their proclamation reinforces our commitment to providing high-quality recreational opportunities that enhance the quality of life for all residents."

A variety of activities are planned for residents of all ages during the month of July - including FREE fitness programs, pop-up recreation events, giveaways, and much more!

Event Highlights for Parks and Recreation Month:

- **Rec on the Go Bubble Day:** July 8th - 10am-2pm
- **Food Truck Tuesday - Veteran Resource Fair:** July 9th - 11am-2pm
- **Rec on the Go – Chalk Day:** July 10th - 10am-2pm
- **Tot Time:** Thursdays - 10am-11:30am
- **Pop-up Fitness Classes:** Monday – Friday during the week of July 15th (times vary)
- **Basketball Sampler:** July 16th - 10:30am-11:30am
- **Go Take a Hike:** July 27th - 8am

To learn more about Park and Recreation Month and any of these programs, visit www.howellrecreation.org/parks-and-rec-month and nrpa.org/July.

NRPA and Howell Recreation encourage everyone who supports parks and recreation to share how it has fostered belonging, as well as why their local park and recreation professionals are important to them, on social media with [#WhereYouBelong](https://twitter.com/WhereYouBelong).

Contact us: parksandrec@howellrecreation.org

517-546-0693

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About Howell Area Parks & Recreation Authority:

The Howell Area Parks & Recreation Authority was formed in 2006 and serves residents in the City of Howell, Oceola, Genoa, Marion, and Howell Township. The Howell Area Parks & Recreation Authority is dedicated to providing recreational opportunities and fostering a sense of community through high-quality programs, events, and facilities.



50TH DISTRICT
STATE CAPITOL
P.O. BOX 30014
LANSING, MI 48909-7514

MICHIGAN HOUSE OF REPRESENTATIVES

ROBERT J. BEZOTTE

STATE REPRESENTATIVE

PHONE: (517) 373-3906
FAX: (517) 373-5812
RobertBezotte@house.mi.gov
www.RepBezotte.com

Designation of July as Park and Recreation Month

WHEREAS parks and recreation is an integral part of communities throughout this country, including Livingston County; and

WHEREAS parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS parks and recreation is a leading provider of healthy meals, nutrition services and education; and

WHEREAS park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation is fundamental to the environmental well-being of our community; and

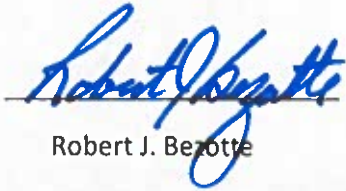
WHEREAS parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS Livingston County recognizes the benefits derived from parks and recreation resources.

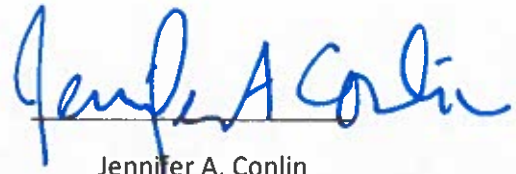
NOW THEREFORE, BE IT RESOLVED BY the Michigan House of Representatives that July is recognized as Park and Recreation Month in the County of Livingston.



Robert J. Bezotte

State Representative

50th District



Jennifer A. Conlin

State Representative

48th District

The One Hundred and Second Legislature

At Lansing

Monday, July 01, 2024



2024
PLAY **HOWELL**
GR@W **recreation**
BELONG

JULY

JULY IS NATIONAL
Parks and Rec Month

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30 1 2 3 4 5 6

JULY IS NATIONAL PARKS AND RECREATION MONTH AND WE'RE CELEBRATING BY RUNNING FREE PROGRAMS, PROMOTIONS, AND MORE ALL THROUGHOUT THE MONTH OF JULY!

7	8	9	10	11	12	13
	Bubble Day West St. Park 10am-2pm	Rec On The Go - Food Truck Tuesday / Vet Resource Fair Downtown Howell 10am-2pm	Chalk Day Oceola Twp. Park 10am-2pm	Tot Time OCC 10am-11:30am		
14	15	16	17	18	19	20
	Pop-up Fitness (Cardio) Howell Twp. Hall 11am	Basketball Sampler Genoa Twp. Park 10:30am-11:30am Pop-up Fitness (Cardio & Hitt) Genoa Twp. Park 10:45am	Pop-up Fitness (Parent / Tot Yoga) Oceola Twp. Park 11:30am	Tot Time OCC 10am-11:30am Pop-up Fitness (Yoga) OCC 10:15am	Pop-up Fitness (WERO) Oceola Soccer Complex 9am	
21	22	24	25	26	27	
			Tot Time OCC 10am-11:30am		Go Take A Hike Fillmore Twp. Park 10am-2pm	
28	29	30	31	1	2	3
<p>Scan to view more information about Parks and Rec Month</p>						

Address List:
 Fillmore Park, 7075 McClements Rd.
 Genoa Twp. Park, 2911 Dorr Rd.

Howell Township Hall, 3525 Byron Rd.
 (OCC) Oceola Community Center, 1661 N. Latson Rd.

Oceola Twp. Park, 1577 N. Latson Rd.
 West St. Park, 500-624 Factory St.