

LONELINESS & ISOLATION: THE NEXT HEALTH CRISIS

Wednesday, September 11th, 2024



**Livingston County EMS Building
1911 Tooley Rd, Howell, MI 48855
9:00AM – 1:00PM**

Join Livingston County Catholic Charities on Wednesday, September 11th at the Livingston County EMS Building for a morning program talking about the effects that isolation and loneliness can have on you mentally, emotionally and physically. Hear from speakers from IHA Medical Group, Livingston County Catholic Charities, and a featured Veteran sharing their first-hand experience combating isolation and loneliness. Hear about the programs and resources available to you to combat isolation in your own life.

RSVP to Beth Newman, LCCC Elder Abuse Specialist at 517-545-5944 or beth@livingstoncc.org

There is no charge for this event but donations are welcome.